

BLACK SHEEP MENU

FOOD AND SMOOTHIES FROM OUR KITCHEN

• FOOD •

BUILD YOUR OWN BAGEL \$2.00

We start with a toasted plain bagel and add what you like!

butter \$0.50

cream cheese or pesto cream cheese \$1.00

avocado, on one side \$1.00

avocado, on both sides \$2.00

one egg \$1.00

two eggs \$2.00

cheese (cheddar or parmesan) \$0.50

bacon or ham \$1.00

fresh spinach \$0.50

SUNRISE BAGEL SANDWICH \$5.00

Toasted bagel with egg, parmesan cheese, and fresh spinach.

HAPPY BAGEL SANDWICH \$5.50

Toasted bagel with egg, thinly sliced ham and cheddar cheese.

SPICY BREAKFAST SANDWICH \$5.00

Egg, jack cheese, and jalapeño slices with chipotle mayo on a toasted plain bagel.

Add bacon \$1

SWEET TOAST \$5.50

2 slices of toasted Great Basin Multigrain bread, spread with almond butter, Baxter Family buckwheat honey (from Independence, CA), and a sprinkle of Maldon sea salt

Substitute Gluten-Free bread \$7.50

AVOCADO TOAST \$5.75

2 slices of toasted Great Basin Multigrain bread, covered with smashed avocado, Shichimi Togarashi (Japanese 7 spice blend), a drizzle of olive oil, and a sprinkle of kosher salt.

Substitute Gluten-Free bread \$7.75

GRANOLA 2.0 \$4.00

Our coconut cherry granola is deeply toasted and lightly sweetened. Vegan and Gluten-Free, served with your choice of milks (cold or steamed). Contains walnuts.

VEGGIE FOCACCIA SANDWICH (V) \$8.00

Pesto cream cheese, caramelized onion, sun-dried tomatoes, spinach, and avocado on toasted focaccia.

Add turkey \$2.00

• **SMOOTHIES** •

All smoothies are made with whole milk, but we are happy to substitute any of the following non-dairy alternatives upon request: almond, soy, or coconut.

Smoothie Additions : whey protein - \$2, avocado, plain yogurt, almond butter, peanut butter - \$1 each

7 FRUITS \$7/\$8

Blackberries, raspberries, blueberries, strawberries, bananas, milk, and orange-mango juice.

STRAWBERRY BANANA \$5/\$6

Strawberries with bananas, milk, and apple juice.

BLUEBERRY BANANA \$7/\$8

Blueberries with bananas, milk, and apple juice.

BANANA ORANGE MANGO \$5/\$6

Bananas, mangos, milk, orange-mango juice.

GREEN MONSTER \$5/\$6

Spinach, bananas, milk, apple juice.

BANANA TAHINI \$7/\$8

Bananas, milk, tahini, honey, cardamom.

BANANA CHOCOLATE ESPRESSO \$5/\$6

A smoothie'd iced mocha with banana!